

Starting the School Year with Kognity

Topic: 2 Biological approach to understanding behavior

Lesson: Ready for Action Lesson Plan

Subject: IBDP Psychology



What can I use this lesson plan for?

This is a great lesson plan for introducing students to both the Psychology curriculum and Kognity's digital textbook features in the beginning of the school year. The activities in this lesson work well with remote or in person learning. As the year progresses, you can use these activities with different topics in the Psychology digital textbooks.

Lesson Objectives:

Students will be able to apply Kognity's digital textbook features to classroom learning in Psychology.

Time Allotment:

Recommended time is *one hour*, however the revision activities provide opportunities for extension.

Materials:

[0.0](#) (What is Psychology?),
[2.A](#) (The Brain and Behavior),
[Kognity Psychology Scavenger Hunt](#)

Activities with Kognity

Hook

1. Have students get into groups of three.
2. Have students complete the [Kognity Psychology Scavenger Hunt](#) (students can complete questions in one or both sections provided).
3. Review scavenger hunt answers as a class.

Introduction Activity

1. With the overview page up projected on the board (in person) or through screen share (remote), give a brief introduction of Kognity and the useful features for students, **by explaining that:**
 - The content in each section of the book incorporates features such as **videos**, **external links**, **exam tips**, and **TOK boxes** to enhance students' learning.
 - Each subtopic has a series of **section questions** that allow students to check their knowledge and understanding in small increments.
 - The **practice centre** has exam style questions, strength tests and battles for all topics that allow students to check their knowledge and understanding of each topic. As they engage with the **strength test and battles**, their **strength bar** (on the overview page) will increase, allowing them to keep track of their strong content areas and areas they need to work on.
 - Teachers can assign [readings](#) and [questions](#) and can keep track of student progress.

Independent Activity

1. Have students read [2.A.0](#) and [2.A.1](#) independently, highlighting and taking notes in their [Kognity notebooks](#).
2. Have students complete the section questions at the end of 2.A.1 to test their knowledge.

Note to teachers: the independent activity can also be given as a [reading assignment](#) for homework.

Group Activity

1. Divide students into groups of 2 or 3. Require that each group create the following using the content from [2.A.1](#):
 - 2 fill in the blank questions
 - 1 multiple choice question
 - 1 true false question
2. When students are finished, have them swap their “quiz” with another group and attempt to complete the other group’s quiz.
3. Share out in a class discussion about process and any issues.

Revision Activity

At the end of section [2.A.1](#), there are several possible activities you can do with your class.

- Have students read the Theory of Knowledge box in [2.A.1](#) and consider the **knowledge questions**.
- Have students watch the Ted Talk video in [2.A.0](#); [Allen Jones, a map of the brain](#), and write 3 questions they have after watching video
- Have students watch the video in [2.A.1](#), [the ultimate brain map](#), and write 3 questions they have after watching the video.
- Have students go to the [practice centre](#) to take the [2.A Strength test](#) as a post assessment, or engage in a [strength battle](#) with a classmate (These questions encompass all of topic 2).